



# Ready To Learn Iowa Public Television



## READ

Check out these books from your public library or school library.

- *My Friends* by Taro Gomi
- *Amazing Grace* by Mary Hoffman
- *Swimmy* by Leo Lionni
- *It's Mine* by Leo Lionni
- *The Cow That Went Oink* by Bernard Most
- *Margaret/Margarita* by Lynn Reiser (Bilingual book)

## VIEW

Doctors say children age three years and older should have no more than one to two hours of quality screen time each day. Please keep this in mind as you make choices for your child.

*Thomas and Friends - Being Careful* #505A

- Monday, October 19, 2009 at 1:00 pm on IPTV (.1)
- Saturday, October 31, 2009 at 8:00 am & 11:00 am on IPTV LEARNS (.2)

A photograph of the engines is being taken for a big billboard. Diesel accidentally rolls in front of the camera hiding Thomas and he decides that Diesel did it on purpose.

*Clifford the Big Red Dog - Jetta's Project* #203

- Monday, October 26, 2009 at 10:00 am on IPTV (.1)
- Saturday, October 31, 2009 at 7:30 am on IPTV (.1)

Jetta decides she really wants to win a model-building contest, she uses her friendship with Charley and Emily to get her way.

*Clifford the Big Red Dog - Big Hearted T-Bone* #207A

- Friday, October 30, 2009 at 10:00 am on IPTV (.1)
- T-Bone generously offers to watch Cleo's niece, KiKi, so Cleo can get some rest. T-Bone's intentions are challenged when his friend, Mimi, comes to town.

## Getting Along

Getting along with others is sometimes hard. People look at the world in different ways, and have different ideas about how to do things. If children feel good and accept themselves as they are, they are more likely to become good friends with others. Children learn from what they see you doing and hear you saying. They also learn from what they see and hear on TV, video games, etc. If they see people getting along with others, it will help them learn to make friends with others.

## DO

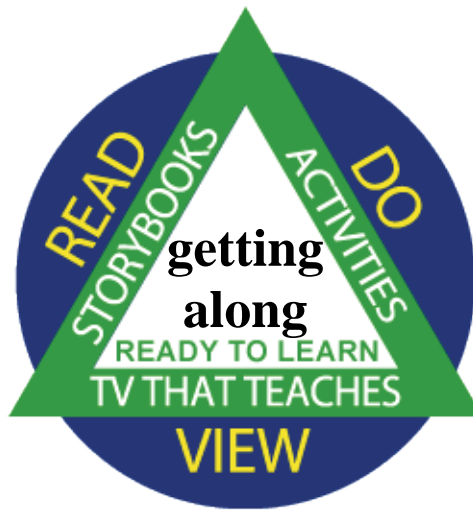
Make changes in these activities to meet the needs of your child.

- Talk with your child about friendship and ways to solve problems that come up. For example, ask:
  - What does a good friend do? Say?
  - Who is a good friend to you?
  - What do your good friends do to show that they are your friends?
  - What do you say or do to show that you are a friend?
  - What are some things that can go wrong

between friends?

- How can friends solve problems?

- Many characters in books and on television programs and videos are friends. For example, Ernie and Bert on *Sesame Street* are special friends. Talking about friendships between characters in books and television programs may be a good way to start these discussions. Point out what the characters do together and how they solve problems that happen between them.
- Praise your child when he or she is being a good friend!
- Draw pictures, or cut pictures from magazines, showing good friends doing something together. Pets and toys can also be your child's friends. Make a friendship book using these pictures.



## Tip of the Month

Turn the TV and other screens off during meal and snack time. Enjoy some uninterrupted time talking with each other.