



**Ready To Learn**

**Iowa Public  
Television**



## READ

Check out these books from your public library or school library.

- *Pat the Bunny* by Dorothy Kunhardt
- *Perfect Pets* by Mandy Stanley (Bilingual book available)
- *Clifford's Animal Sounds* by Norman Bridwell (Spanish book available)
- *Baby's Animal Friends* by Phoebe Dunn
- *Where's Spot?* by Eric Hill (Spanish book available)
- *Brown Bear, Brown Bear, What Do You See?* by Bill Martin, Jr.

## VIEW

Doctors recommend no screen time for children under the age of two years. Please keep this in mind as you make choices for your children.

If you choose to let your child - birth to age two - watch TV, these programs on IPTV are most appropriate for this age group:

- *Barney*
  - Monday through Friday at 12:30 pm on IPTV (.1)
  - Saturday & Sunday at 5:30 pm on IPTV LEARNS (.2)
- *Mister Rogers*
  - Saturdays at 6:30 am on IPTV (.1)
- *Sesame Street*
  - Monday through Friday at 9:00 am on IPTV (.1) and at 5:30 pm on IPTV LEARNS (.2)
  - Sundays at 2:30 pm on IPTV LEARNS (.2)

## Animals

Children are usually interested in all kinds of animals. Point out dogs, birds, insects and worms they see every day. Talk about what the animals eat and how they move. Read children books that teach real things about animals. Pets can play an important role in children's lives; they can be good listeners and help teach responsibility when children are involved in helping to care for them. However, adults should choose pets carefully based on how big the pet will get, the temperament of the pet, how long the pet will live and how much it will cost to care for the pet.

## DO

Make changes in these activities to meet the needs of your child.



- Name the animals (real or not) that you see on a daily basis. If your child has a stuffed bear, say "This is a bear. Your bear is brown. The bear is soft." If you see a dog, say "There is a dog. He is a big dog." When you see a bird, say "That is a bird. Birds fly in the air." Children learn about animals when adults talk about them.

- Create a simple matching game. Cut two pictures of the same animal from magazines or advertisements. Cut two dogs, two cats, etc. They do not have to be exactly the same picture. Lay them out on the floor or table. Pick up one of them and say,

"This is a dog. Let's find the other dog."

- Children can learn the sounds animals make by hearing and/or singing "Old McDonald Had a Farm". (Remember...you don't have to be a great singer to sing to your child!) You can sing anywhere: in the car, when changing diapers, etc.

*Old MacDonald had a farm*

*Ee i ee i o*

*And on his farm he had some cows*

*Ee i ee i o*

*With a moo-moo here*

*And a moo-moo there*

*Here a moo, there a moo*

*Everywhere a moo-moo*

*Old MacDonald had a farm*

*Ee i ee i o*

*Add in other animals that you teach on the farm like:*

*pigs – oink-oink*

*sheep – baa-baa*

*horses – neigh-neigh*

*chicks – cluck-cluck*

*ducks – honk-honk*

*dogs – woof-woof*

*cats – meow-meow*