

**Universal Precautions/Exposure Control Plans  
for  
Child Care Business Owners and Directors**

**Presenters**

**Jens Nissen, Certified Industrial Hygienist  
Sally Clausen, ARNP, BSN**

**Sponsored by**

**Iowa Workforce Development – OSHA  
Iowa Department of Public Health – Healthy Child Care Iowa**



## Learning Objectives

1. Identify the federal regulations applying to early care and education businesses pertaining to the spread of bloodborne diseases.
2. Identify how bloodborne diseases spread.
3. Identify disease spread prevention strategies and methods.
4. Identify components of an exposure control plan.
5. Identify required steps to comply with prevention of disease spread and response to exposure to bloodborne disease.

## Session Schedule

1. Introduction to training and content
2. Review of Federal Law
3. Presentation by Jens Nissen
4. Point-by-point review of developing a site specific exposure control plan for your business

## Handouts

[http://www.k12connections.iptv.org/classroom\\_resources.cfm](http://www.k12connections.iptv.org/classroom_resources.cfm)

1. Child that Bites, Child who was Bitten
2. Cleaning, Sanitizing, Disinfecting Chart
3. Confidential Resources
4. Federal Law: 29 CFR 1910.1030
5. Gloving English and Spanish
6. Hepatitis B Vaccination Information
7. Sample Exposure Control Plan

## Employers Need Training

1. To understand and comply with federal law
2. To know the responsibilities of the employer
3. To protect employees from exposure to serious diseases
4. To protect the children and community

## Federal Law

- 29 CFR 1910.1030 –a copy of the law must be available to every employee
- The Law is available on the internet (see the handout Sample Exposure Control Plan for URL)

The Federal Law:

**29 CFR Bloodborne Pathogens  
1910.1030(g)(2)(i)**

1. Employers shall ensure that all employees with occupational exposure participate in a training program provided at no cost and during working hours.
2. Employees must have opportunity for interactive questions and answers with a trainer.
3. The Exposure Control Plan must be site specific.

**Why Does This Matter to YOU**

- Responsible for the care of children
- Children get hurt or have blood or body fluid related events
- Employees come into contact with blood or body fluids
- Employees may become infected with a dangerous disease
- Employers have duty to protect employees



**Jens Nissen, Certified Industrial Hygienist**

from the Iowa Occupational Safety and Health Administration office pre-recorded information for you about your responsibilities under the federal law.

Following Jens' presentation we will address the site specific Exposure Control Plan for your business

Go to video of Jens Nissen

## Developing your ECP

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## We will use Handout

### EXPOSURE CONTROL PLAN<sup>1</sup>

Instructions: The sample Exposure Control Plan is intended to serve as a guide for child care employers to the federal **Occupational Safety and Health Administration (OSHA) Bloodborne Pathogens (BBP)** standard (29 CFR 1919.1030). A central component of the requirements of the standard is the development of an exposure control plan (ECP). The intent of this sample is to provide child care employers with an easy-to-use format for developing a written exposure control plan. Each employer will need to adjust or adapt the sample for their business's specific use. The information contained in this sample is not considered a substitute for the OSH Act or any provisions of OSHA standards. It provides general guidance on a particular standard-related topic but not for specific compliance requirements.

#### **POLICY**

The (Child Care Facility Name) is committed to providing a safe and healthy work environment for the entire staff. In pursuit of this

<sup>1</sup> The Model Exposure Control Plan is provided by the Occupational Safety and Health Administration, U.S. Department of Labor, Enforcement Procedures for the Occupational Exposure to Bloodborne Pathogens, Directive Number CPL2-2.44D, Appendix D, November 5, 1999. This document was updated October 5, 2009 by

## To Receive Training Certificate

- Had to pre-register for training
- To receive a training certificate you must complete a 22 question survey and provide your name and an email address.
- To complete the survey go to:  
[https://www.surveymonkey.com/s.aspx?sm=8F47KVv5kbevzubxYXzTag\\_3d\\_3d](https://www.surveymonkey.com/s.aspx?sm=8F47KVv5kbevzubxYXzTag_3d_3d)

- Training certificates will be sent by email. No certificates will be mailed.
- The survey will remain open until November 30, 2009, 5 PM. After this time the survey will close and you will not have access to it.
- It will take approximately **8 weeks** before training certificates will be sent by email.