

Welcome to the June 2005 edition of Iowa Public Television's (IPTV) Ready To Learn (RTL) eNews. The purpose of this free monthly electronic newsletter is to keep families, educators, and child care providers informed of the great resources IPTV and our partners have to offer those who care for children ages birth to eight years of age. RTL is public television's response to a critical national education goal: All children will enter school Ready To Learn.

RTL eNews for June 2005

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_____The Learning Triangle_____

Young children learn by doing—by interacting with people and objects around them. To learn, they need to experience things again and again. RTL uses the learning triangle to teach children skills and concepts by using PBS KIDS programs, books, and activities. Engage children in these theme-related activities in any order and at any time. Point out the connections between the segment they VIEW, the book they READ, and the activity they DO. The repetition and variety of media used reinforces the skills and concepts you teach.

_____How do you use the RTL Learning Triangle? Monthly Contest_____

IPTV's RTL service wants to hear from you! If you have an example of how you have used the RTL Learning Triangle please send an email to Lisa Albers at lisa@iptv.org along with a couple of paragraphs describing your triangle and how it worked for you and the children in your care. All emails received by the end of each month will be included in a drawing for 10 FREE children's books.

_____Families Theme Learning Triangle_____

A print version of this Families Theme Learning Triangle can be found at the following location:

In English: www.iptv.org/kids/grownups/resources/documents/trianglefamilies605.pdf

In Spanish: www.iptv.org/kids/grownups/resources/documents/trianglefamilies605spanish.pdf

Families come in many different shapes and sizes. Sometimes our family is made up of people who aren't related to us by blood at all, but they are still a part of our family because they're the ones who love us and care for us.

Understanding and building relationships between parents and children and brothers and sisters is an important part of growing up.

READ IT

1. *Con Mi Hermano / With My Brother* by Eileen Roe— A little boy admires his big brother and aspires to be like him when he is older. (This is a bilingual book in English and Spanish.) (Ages 4-8)
2. *Families* by Ann Morris—Some children live with their mothers and fathers. Others have stepparents or live with just one parent. Still others live with grandparents or foster parents who chose them specially. But all children all around the world, are part of families--big and small, loving, sharing, and caring for one another. (Ages 4-8)
3. *What Mommies Do Best What Daddies Do Best* by Laura Numeroff—Mothers and fathers participating in everyday activities show their love for their children in very similar ways. (Infant-Preschool)

VIEW IT

POSTCARDS FROM BUSTER – Up the River #107

* Tuesday, June 14, 2005 at 6:30 a.m.

Following in the footsteps of Lewis and Clark, Buster takes a canoe trip with the Stensley family. Along the way they introduce him to Norwegian music, language, and dance that make up their family traditions. The adventures continue with the Miller family who share their favorite pastime: motocross racing.

ARTHUR - Mom and Dad Have a Great Big Fight #314a

* Monday, June 20, 2005 at 7 a.m. & 4:30 p.m.

When Mom and Dad fight over spilled milk, Arthur and D.W. fear the worst. Is it Arthur's fault or D.W.'s? And worse, will Mom or Dad have to move out?

BERENSTAIN BEARS – Family Get Together #128

* Wednesday, June 29, 2005 at 10:30 a.m.

The Bears are hosting a family reunion, but the cubs doubt they'll enjoy spending time with relatives they've never met. The cubs' first impression of two cousins only confirms their opinion; Sylvester and Penelope are just too different to consider getting acquaintance with. However, as the day unfolds, Brother and Sister get to know them better and discover they've not only met new cousins, they've made new friends too.

DO IT

1. Tell your child stories from your own childhood. Share family pictures and talk about the events that were photographed. Be sure to include pictures of when your child was a small baby. Talk about the people in the pictures and how they are related to each other. Think of different names for the person. For example: your mother's sister is your aunt.
2. Using family photos create a memory card game using duplicate prints. Place photos on a tray or table in front of the child. With the child's eyes closed, remove one picture and see if he or she can tell which one is missing.
3. Make a family album, dedicating a special page to each child and including a family tree so the children can see who their grandparents are and other relatives they see and know. Include pages about favorite activities the family enjoys, food they eat, homes and neighborhoods they live in. Children can decorate pages with drawings, pictures cut from magazines or photos from the family's collection.
4. Sing a song to help your child feel close to members of the family. It's also an opportunity to learn names. Teach this song beginning with the child's name and continue using names of immediate and extended family members. (Tune: "Mary Had a Little Lamb")
Amber loves her brother Mark, brother Mark, brother Mark.
Amber loves her brother Mark. He is family.

_____Physical Activity Theme Learning Triangle_____

A print version of this Physical Activity Theme Learning Triangle can be found at the following location:

In English: www.iptv.org/kids/grownups/resources/documents/trianglephysicalactivity605.pdf

In Spanish: www.iptv.org/kids/grownups/resources/documents/trianglephysicalactivity605spanish.pdf

It is recommended that children have at least 30 minutes of physical activity each day. Often, they don't get this much. The good news is that most children like to exercise. They think of it as playing and not a chore—as some

adults do! It is easy to fit opportunities to be active into your children's day. Ask them what they like to do outside and inside and include walking, hopping, jumping jacks, etc. into those activities. When children are watching a TV program or video encourage them to dance or move along with the characters in the show. Don't let them just sit in front of the screen. Encourage them to "Get up and go!"

READ IT

1. Taking a Walk/Caminando: A Book in Two Languages/Un Libro en Dos Lenguas by Rebecca Emberley—Labeled illustrations and Spanish and English text introduce the things a child sees while on a walk. (This is a bilingual book in English and Spanish.) (Ages 4-8)
2. Jump, Frog, Jump! by Robert Kalan—A cumulative tale in which a frog tries to catch a fly without getting caught itself. (This book is also available in Spanish.) (Ages 4-8)
3. Barn Dance! by Bill Martin & John Archambault—Unable to sleep on the night of a full moon, a young boy follows the sound of music across the fields and finds an unusual barn dance in progress. (Infant-Preschool)

VIEW IT

DRAGON TALES – Sky Soccer #323a

* Wednesday, June 16, 2005 at 8 a.m. & 3:30 p.m.

Today is the day for the Sky Soccer team tryouts in Dragon Land! Ord really wants to be on the team, but he's never played before. As Ord attempts the drills, he repeatedly misses the ball and uses the wrong parts of his body to touch the ball. Ord decides that sky soccer is just too hard. His friends convince him not to give up by sharing advice on taking things slowly, remembering which parts of his body to use, and saying the phrase, "If at first you don't succeed, try, try again!"

BERENSTAIN BEARS – Too Small for the Team #119a

* Friday, June 17, 2005 at 10:30 a.m.

Sister is keen on joining the school soccer team, but Coach Brown thinks she still has some growing to do before she's ready to compete with the bigger cubs. Sister grudgingly accepts the position of team manager instead. It's a tough job and Sister's perseverance doesn't go unnoticed by the coach, who ultimately invites her to play in a big soccer match.

READING RAINBOW – Sports Pages

* Monday, June 20 at 12:30 p.m.

LeVar shares his own enthusiasm for athletics as he takes viewers from sport to sport—including soccer, basketball, ice skating, swimming, and gymnastics.

DO IT

1. Organized sports may be too challenging for younger children, but consider these favorite games:

* Hopscotch – Using chalk, draw a simple pattern of numbered squares on a sidewalk. Encourage children to hop from square to square in a variety of patterns. Let them make their own rules!

* Simon Says - Tell the children to listen carefully and follow the directions you give. If you say "Simon says" first, they should do it. If you do not say "Simon says" first, they should not do it. Start the game with "Simon says, put your finger on your chin." Help any children who are having difficulty by pointing to your chin and putting your finger on it. Continue with commands that include up, down, and out. Once children are comfortable following one-step directions, give them two-step directions to follow. For example, ask them to stand on their right foot and hop in place. Tip for the grownup: Experienced players of "Simon Says" are often "out," or excluded from the game, when they make a mistake. Young children and English Language Learners should keep playing even when they make mistakes, so that they can improve through play.

2. Look at pictures of animals or insects and try to figure out ways to make your body look like theirs. Some ideas:

* Butterfly Wings – Sit with your feet together. Now move your knees up and down, flapping them like butterfly wings.

* Elephant Trunk – From a standing position, bend at the waist and drop your arms down in front of you. Now clasp them together to form an elephant's trunk. Swing slowly from side to side, as an elephant swings its trunk as it walks.

3. Have children cut pictures from magazines that show people and animals exercising. Paste the pictures on paper and make an "exercise" book. Talk about why it is important to exercise.

_____IPTV Kids Schedule for Summer 2005_____

A print version of the IPTV Kids Schedule for Summer 2005 in English and Spanish can be found at the following location:

www.iptv.org/kids/grownups/resources/documents/Summer2005Schedule.pdf

During the summer months, IPTV broadcasts 11 hours non-violent, non-commercial, educational children's television programming each Monday through Friday. However, IPTV does NOT recommend that children spend their summer watching television. This schedule is provided to assist children and adults as they plan their television viewing.

Monday—Friday

6:30 a.m. Postcards from Buster
7:00 a.m. Arthur
7:30 a.m. Clifford the Big Red Dog
8:00 a.m. Dragon Tales
8:30 a.m. Caillou
9:00 a.m. Sesame Street
10:00 a.m. Barney & Friends
10:30 a.m. The Berenstain Bears
11:00 a.m. The Big Comfy Couch
11:30 a.m. Cyberchase
Noon Between the Lions
12:30 p.m. Reading Rainbow
1:00 p.m. Brian Jacques' Redwall
1:30 p.m. Zaboomafoo
2:00 p.m. Thomas and Friends/Bob the Builder
2:30 p.m. Sesame Street
3:30 p.m. Dragon Tales
4:00 p.m. Clifford the Big Red Dog
4:30 p.m. Arthur
5:00 p.m. Clifford the Big Red Dog

Sunday

8:00 a.m. Auto B. Good
8:30 a.m. Angelina Ballerina
9:00 a.m. Bob the Builder
9:30 a.m. Thomas and Friends

_____Program Schedule, Episode Descriptions and Record Rights for PBS Kids Programs_____

Finding Program Schedule and Episode Descriptions:

- * Go to Web site: www.iptv.org
- * Click on Educational Resources button at the top center of the page.
- * Click on the Today link under the Educational TV Schedule heading on the left side of the page toward the middle.
- * Click on the program you are interested in to find a description for today's episode of the program.
- * To find future episode descriptions, click on a date in the left column to find the description of the episode that will be shown on that specific date. Reading them will help you identify episodes that correspond to your curricular themes. The listed dates are the next 28 air dates of the program you've selected. Upcoming TV schedules on www.iptv.org are updated by the 15th of each month for the following month.

Record only, one year tape and erase. No duplication allowed.

What does that mean?

Educators may record a program from the broadcast. The recording may then be used in an educational setting and retained as long as that program airs on IPTV. No copies may be made from the original recording.

If available, educators also may borrow a recording from a lending library, such as the media centers in Iowa's Area Education Agencies.

_____FREE Opportunities on the ICN for Child Care Providers_____

1. Emergency Preparedness: Safe Food in Our Schools

www3.iptv.org/iowa_database/event-detail.cfm?ID=5609

Audience – Anyone who works with food preparation and distribution in schools and childcare centers.

June 7, 2:30 PM - 4:30 PM (Registration Deadline: 06/01/05)

June 9, 9:00 AM - 11:00 AM (Registration Deadline: 06/03/05)

The ability to recognize vulnerabilities and correct them is critical to the safety of our school children. One significant vulnerable commonality to all schools is food and foodservice. Bolstering the security of school food throughout the flow to the child is critical to ensuring safe and healthy kids. This includes food in the school meal programs, foods sold in concession stands, food in classrooms and for fund-raising and other activities. Therefore, keeping our school children safe from intentional contamination of their food requires a total team approach at the school and district levels. Development and implementation of a school food biosecurity management plan will minimize the risk of intentional contamination of food and minimize the risk of illness and death in a school setting.

This two-hour program will introduce administrators, school nurses, Family and Consumer Science educators, custodial, and foodservice personnel to guidance documents produced by or for the US Department of Agriculture. The 'Biosecurity Checklist for School Foodservice Programs' is an integrated emergency management plan that involves all levels of school operations. It was developed in accordance with the Homeland Security Presidential Directive HSPD-9. School foodservice programs were identified as a significant vulnerability. The second guidance document is 'Emergency Readiness Plan: A guide for the School Foodservice Operation' produced by NFSMI for the USDA. This document serves as a general resource for developing plans for a natural or other type of disaster.

2. Guess Who? Riddles and Rhymes for Young Children!

www3.iptv.org/iowa_database/event-detail.cfm?ID=5669

Audience – Grades PK-K

June 17, 10:00 AM - 10:45 AM or June 17, 1:00 PM - 1:45 PM

Registration Deadline: 06/10/05

Who Am I? written by Nancy Christensen is the book that will be shared during this interactive session with educator and former preschool teacher, Cheryl Tyler. Some of the fun activities include working with favorite words, familiar rhymes and riddles. You'll be on your way if you sign up today!

Registrants receive Who Am I by Nancy Christensen or alternate title.

To register for these events use the following directions:

1. Go to Iowa Distance Learning Database Web site: http://www.iptv.org/iowa_database/

2. Click on the K-12 Calendar link in the upper left-hand corner.

3. Clicking on the red arrows will move you from month to month.

4. Click on the title of the session to find out more information about the session.

5. Read the event details - description, time and audience for the session. If interested in participating in the session, scroll to the bottom of the page and click on the "Register here" link. Follow the directions. Registration will be closed one-week prior the session date.

6. Click on your Community College REGION #.

7. Click on your School (where you are located, not ICN location).

- AS A CHILD CARE PROVIDER/PARENT YOU WOULD SELECT THE "_Child Care Provider/Parent REGION ??" selection for the school.

4. Fill out ALL the information requested (check twice to make sure all information is accurate) and click the Register now button.

- AS A CHILD CARE PROVIDER/PARENT YOU WOULD INPUT THE NECESSARY INFORMATION WHICH WILL INCLUDE YOUR MAILING ADDRESS, AS SOME (but not all) SESSIONS HAVE MATERIALS THAT ARE MAILED OUT TO PARTICIPANTS.

- YOU CAN SELECT THE ICN CLASSROOM WHERE YOU WOULD LIKE TO ATTEND. ON THE FORM THERE IS A LINK TO A CLICKABLE MAP OF THE ICN CLASSROOM LOCATIONS, IF YOU ARE NOT

SURE WHERE THEY ARE LOCATED. IF YOU WOULD LIKE A RECOMMENDATION AS TO ONE THAT WOULD BE CONVENIENT FOR YOU AND CONVENIENT FOR SCHEDULING, GIVE LISA ALBERS A CALL AT (515) 242-6479 AND SHE CAN DISCUSS THE POSSIBILITIES WITH YOU.

8. Your registration has been sent. Print the following sheet.

9. Click on the K-12 Calendar link to schedule another session. Repeat the process.

10. You will receive an email in a couple of days with the status of your request to participate.

_____June Focus on Media Literacy_____

Tips to Tame the Tube

TEACH

TEACH your children lessons based on the shows they watch.

*Plan viewing around certain topics or issues your children have shown an interest in.

*Plan follow-up activities or books which reinforce a program's message and all value to your children's television viewing experience.

The two previous bullets put together are a perfect example of a RTL Learning Triangle!

_____RTL eNews Survey WINNERS_____

In April, IPTV asked RTL eNews subscribers to fill out a short survey about the content of the monthly RTL eNews. We thank everyone who completed our survey so much for the great responses we received! We will use the results to make the RTL eNews even better. We are happy to announce the three winners of the IPTV tote bags filled with fun stuff (children's books, stickers, posters and other FUN stuff).

1. Barb Grandstaff of Emmetsburg
2. Sue Miller of Waterloo
3. Meredith Pinckney of Runnells

_____Series Spotlight_____

CAILLOU airs weekdays at 8:30 a.m. on IPTV.

CAILLOU is rich in the social and emotional aspects of child development.

Growing up is not so tough—especially with friends like Caillou, a lovable four-year-old who has a unique way of relating to the world. Caillou learns about the world one adventure at a time. Between learning to be a good big brother to meeting new friends at day care, everyday is full of surprises for this playful little hero.

Each half-hour CAILLOU episode features four animated segments, puppet segments, and a musical song and dance number—all centered on a theme for the day. Caillou's stories portray the relationships between small children and the world around them. The stories address the challenges of growing up, and the real problems and challenges faced by young children.

In each episode Caillou and his friends confront an age-appropriate concept relating to social literacy and child development. CAILLOU focuses on the social and emotional growth of young children. Using themes of discovery, the program actively encourages youngsters to ask questions and explore the world around them.

Outreach materials on the CAILLOU Web site provide activities using basic small and large motor skills, identification and sorting, early math and science activities, dramatic play and memory and thinking skills. Be sure to visit at www.pbskids.org/caillou for activities and resources for parents and care givers as well as fun games for children.

CAILLOU uses the following guiding principals to encourage learning:

- CAILLOU is 4 Families: Some kids have two parents, and some have other loving people to raise them. Families came in all shapes and sizes.
- CAILLOU is 4 Learning: Little kids have so much to learn, even before they go to school.
- CAILLOU is 4 Giving, Sharing, and Caring: Sometimes it is hard to share. Caillou makes kids feel comfortable by expressing real feelings and showing that it feels really good to be nice.
- CAILLOU is 4 Making New Friends: Caillou knows friends are important. He knows that being a good friend is accepting a friend's special way of viewing the world.
- CAILLOU is 4 Finding Out: Caillou helps young children realize they are not alone. All kids have LOTS of questions about everything, and Caillou helps two and three-year olds see where they're going - and five and six-year olds appreciate where they've been!
- CAILLOU is 4 Laughter and Fun: Four year-olds love to laugh - and Caillou is no exception! Caillou lets kids know that even if life isn't always easy, with the right kind of attitude even the hard stuff can be accomplished.

Getting the MOST from CAILLOU

- Watch CAILLOU with the child(ren) in your live. Observe their reactions. When do they laugh? What are they reacting to?
- After the show is over, ask the child(ren) to describe their favorite parts. Talk with the child(ren) about the theme of the day. Help the child pick out related books, and/or play a related game.

_____Tip of the Month_____

Bookfinder from PBS Parents

One of the best tools for encouraging literacy is well-chosen books. Bookfinder, a NEW tool from PBS Parents, helps you search for favorite books by age range and theme, as well as books to read aloud or books for kids to read to themselves.

Give it a try at <http://www.pbs.org/parents/bookfinder/>.

_____Resources for June_____

Reading Rockets Current Newsletter—This monthly newsletter provides information for families and educators about teaching kids to read and helping those who struggle.
www.readingrockets.org/subscribe/

Mister Rogers' Neighborhood—May 2005 Edition of the Neighborhood News Newsletter—This newsletter helps families and care providers plan their viewing of MISTER ROGERS' NEIGHBORHOOD by providing schedules, descriptions, activities, book suggestions, and timely articles of interest to adults who work with children.
www.fci.org/newsletter/

Mister Rogers' Neighborhood *Mad Feelings* Newsletter—A monthly newsletter dealing with anger management and challenging behaviors in young children, including articles, activities and tips.
www.fci.org/madfeelings/default.asp

PBS Parents Electronic Newsletter

Each week this electronic newsletter targets providers, caregivers, and parents bringing activities from favorite children's programs, events in your local community, and headlines from the PBS Parents Web site. To receive this FREE electronic newsletter, subscribe at the following Web site:
www.pbs.org/parents/ (The link is towards the bottom of the page.)

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Feel free to forward this message to a friend.